

Lesson Plan Outline

Mentee Name:

Mentor Name:

Date:

Time:

Lesson Number: (Eg: 3 of 4)



Resources needed: Before your session, gather any books or clinical equipment needed, open websites you want to look at and previous lesson plans. Remind yourself of their profile info if necessary. It's important to be prepared so there are no delays.

Review of previous lesson: Review material covered and how today's session links to previous sessions. Take time to answer questions about the previous lesson before moving forward.

Goal for this lesson: Pick something that is clear, specific and that you can complete in one session. Make sure it fits with the mentee's goals or have them tell you their goal beforehand so you are ready - see Goal Setting resource.

Topics discussed: Keep track of specific content, skills, applications, etc discussed.

Mentoring strategies used: Did you explicitly explain a topic? Assist with completion of a document or application? Review work they did on their own time and make suggestions? Provide a second opinion on case study- type material? Think about what worked and what didn't work as well.

Resources recommended for review: Based on today's session, provide at least one good resource for review or a topic that merits further reading.

Questions: Always save some time for additional questions. Ask a few follow up questions- what was most/ least helpful? Which component of the lesson might need review next time?

Check in on goal: Did you achieve the goal of today's session- fully, partially, not at all? Why or why not?

Topic/ goal for next session: Set a tentative goal for your next session to help you gather resources or review as needed to be prepared for next time. It can always be changed.

Mentor Self - Reflection: Immediately following the session take a few minutes to review what went well and what did not. Consider the resources used, your own knowledge, teaching and communication strategies used, timeliness/ organization

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Resources recommended for review:

Questions:

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Topic/ goal for next session:

Mentor Self - Reflection:



Lesson Plan Sample

Mentee Name: Daniella
Mentor Name: Joshua
Date: August 20, 2022
Time: 7:00-8:00am
Lesson Number: 4 of 6



Resources needed:

- Wound care best practices section of book
- Wound images site and wound care best practices in Ontario websites bookmarked
- Sample wound care case studies and sample exam questions

Review of previous lesson: Review types of wounds, dressing types and applications.

Goal for this lesson: Daniella will answer all wound care sample questions correctly and articulate solid rationale for decisions made. She will feel comfortable with the wound care component of examination by the end of this session.

Topics discussed:

- Roles of team members in wound care
- Differences between hospital and community care for wounds
- Review of answers to questions including discussions of rationale behind decisions
- Prevalence of wound care as part of nursing practice in different settings

Mentoring strategies used:

- Last session was mostly explicit instruction, this time focus on guiding decision making and discussing rationale behind decisions in case studies and exam prep questions

Resources recommended for review: Provided wound care best practices site as well as college guidelines on this topic; has books with sample questions and case studies already.

Questions: all answered previously.

Check in on goal: achieved- all questions correct, discussion about rationale demonstrated clear thought process and ability to consider relevant factors.

Topic/ goal for next session: Injections - types, steps, materials, decision-making (2 lessons)

Mentor self reflection: I think I did well at using probing questions to determine her thought process as opposed to providing input right away. This is more helpful as I can better determine what's prioritized in her decisions, what factors are being considered, etc.